

ing against the admission of women into our quires are, judging by their letters and arguments, just as vain as most people. One of the vainest, peacocky little men I ever knew or met was a clergyman, a High Church curate, who was just as particular about the exact quantity of starch being used in his surplice as ever was the daintiest of my own sex on matters of a similar kind.

* * *

THE other subject, "The Battle of Life," is far too solemn and far too weighty to discuss in paragraphs. There is a grim reality about the whole thing which brushes even the slightest tendency to flippancy entirely on one side.

* * *

THE shades of existence are so mixed and so interwoven that it is simply impossible to describe in any *particular* manner how the "battle" should be fought; and I am just now thinking, God help them, of those women and children who are now being so sorely tried by the privations attending the "strike" of the many thousands of husbands and fathers in the East End of this huge, teeming, unending metropolis of ours.

* * *

THIS is a battle that will want fighting some way or other. The sufferers will be countless. Everybody's pity, everybody's sympathy *must* be extended to those upon whom will fall the heavy blows of want and of despair. LUCINDA.

—♦—

MISS HELEN FOGGO-THOMSON, whose portrait appears in "Our Album" this week, began her Nursing work very young at the Wirral Hospital, Birkenhead, and completed her training at Manchester; then undertook Private Nursing on her own behalf; but since October, 1887, has been lecturing all over the country on the subjects of Home Nursing, &c., oftentimes undertaking from seven to ten lectures per week.

—♦—

EVERY duty brings its peculiar delight, every denial its appropriate compensation, every thought its recompense, every cross its crown.

Do not give all your pleasant words and smiles to strangers. The kindest words and the sweetest smiles should be reserved for home. Home should be our heaven.

DON'T flatter yourself that friendship authorises you to say disagreeable things to your intimates. On the contrary, the nearer you come into relation with a person, the more necessary do tact and courtesy become.—O. W. Holmes.

"NURSING RECORD" BENEVOLENT FUND.

"BEAR YE ONE ANOTHER'S BURDENS."

OBJECT.—To assist, by the united efforts of the readers of the *Nursing Record*, Trained Nurses who may be in need of temporary or permanent aid.

Proposition I.—That subscriptions shall be received to a Benevolent Fund, from which disbursements shall be made to relieve cases urgently needing temporary assistance. A statement of all such receipts and expenditure to be published in the *Record*.

II.—That for such cases of distress as need permanent assistance, the following procedure shall be adopted. Every annual subscriber to this journal shall have the right to send to the Editor the particulars of any such case, with which they may be personally acquainted, and if after full investigation it be found suitable, the name and particulars shall be entered upon a list. The *Nursing Record* will ask its readers to work unitedly for only one case at a time, and when that one, in the manner considered most suitable, is permanently provided for, the list of cases as above obtained, shall be published in the journal. Each copy of that issue shall contain a slip of paper, so that each purchaser of that number will be able to vote for one of the cases on this list by writing her name thereon, and forwarding it by post to the Editor. The following issue of the journal shall contain the number of votes polled for each case, and that one which receives the largest number of proxies, will be adopted as the next case to be relieved by the Fund; and the readers of this journal will then be advised as to the method which seems most suitable for helping that particular case, and asked to unite in securing its speedy success.

CASE I.

Mrs. Sarah Duyck, aged 47, a widow. Has broken her leg so badly, that she will probably be a cripple for the rest of her life. Dislocated one shoulder some years ago, so that she is even unable to use her crutches for long at a time.

Proposed Method of Assistance.—To obtain an annuity of £20 a year from the British Home for Incurables. To do this at least 1,000 votes must be procured from subscribers to the Institution. Lists of subscribers can be obtained by sending eight stamps to the offices, 73, Cheapside, E.C.

Will every reader of this journal do what she or he can to obtain votes for this sad case—to assist, in however small a measure, to bear another's burden? Such help will be gratefully welcomed by the Editor, *Nursing Record*, St. Dunstan's House, Fetter Lane, London, E.C., and all subscriptions, &c., will be duly acknowledged.

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